

**MEDIA RELEASE
FOR IMMEDIATE RELEASE**

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THE GENE MUTATION THAT CAN PREVENT GLAUCOMA

Singapore-led discovery of rare gene mutation and identification of five new susceptibility loci will help illuminate the disease biology

Singapore – In the largest study on any cause of glaucoma to date, an international research collaboration on Exfoliation Syndrome – a major form of glaucoma – has found a mutated gene that can prevent glaucoma, the leading cause of irreversible blindness worldwide. Jointly led by A*STAR's Genome Institute of Singapore (GIS) and the Singapore Eye Research Institute (SERI) of the Singapore National Eye Centre (SNEC), the study involved more than 120,000 individuals from 36 countries across six continents. The study has recently been published in *Nature Genetics*.

Exfoliation Syndrome (XFS) is an age-related eye disease where abnormal whitish flakes are deposited in the front of the eye (iris, ciliary body, lens and zonules), and abnormalities in connective tissues may appear in parts of the body. The disease occurs globally in approximately 60 to 70 million people. In the eye, the disease often leads to an increase in eye pressure, or glaucoma, which can result in visual impairment and blindness.

Since the 2007 publication of an Icelandic study¹ and subsequent validation attempts by research groups from around the world, it is known that common genetic variants in one gene, the *LOXL1* gene, show a strong association with XFS. However, the association with common genetic markers at *LOXL1* are reversed depending on ethnic group, thus rendering the health implications unclear. In this latest study, the researchers uncovered a rare protective mutation in the *LOXL1* gene. The mutation, *p.Y407F*, was found to offer protection against XFS instead, thereby leading to the prevention of secondary glaucoma. The mutation offers a 25-fold protection against XFS, the largest ever seen for a common, complex disease.

¹ Common Sequence Variants in the *LOXL1* Gene Confer Susceptibility to Exfoliation Glaucoma, Gudmar Thorleifsson, et al., *Science*, 2007.

“Naturally occurring genetic variants are hard to find, but once discovered, they pinpoint potential druggable targets. These are what we call ‘accidents and experiments of nature’. The *LOXL1 p.Y407F* rare variant reported in this study is one of these examples,” explained Dr Khor Chiea Chuen, one of the study’s corresponding authors and Principal Investigator of Human Genetics at the GIS.

In addition, the researchers also discovered five new susceptibility gene loci in XFS – specifically *POMP*, *TMEM136*, *AGPAT1*, *RBMS3* and *SEMA6A*. This will help deepen the researchers’ understanding of XFS and how the disease process works.

Prof Aung Tin, Executive Director of SERI and Deputy Medical Director of SNEC, and lead author of the paper said, “This was the largest ever genetic study for glaucoma, and with so many centres and patients from 35 countries involved, it was very challenging to coordinate the research with most of the work being done in Singapore. The findings are very exciting as it can lead to the development of new therapies for glaucoma.” Prof Aung is also Professor, Department of Ophthalmology at National University of Singapore.

Joint corresponding author Prof Janey L. Wiggs, who holds the post of Paul Austin Chandler Professor of Ophthalmology at the Harvard Medical School, commented, “This is a truly remarkable study that demonstrates the power of international collaboration. The results improve our understanding of glaucoma and also suggest important new therapeutic strategies for this common cause of blindness.” Prof Wiggs is also the Massachusetts Eye and Ear Infirmary’s Associate Chief of Ophthalmology Clinical Research, and Associate Director of Ocular Genomics Institute at Massachusetts Eye and Ear.

Executive Director of GIS, Prof Ng Huck Hui added, “By identifying the rare gene mutation, we have taken a significant step towards reducing the risk of glaucoma worldwide. A large-scale study like this reaffirms the importance and benefits of cross-institutional and cross-national collaborations, which will help us achieve improvements in human health.”

IMAGE



Glaucoma is the commonest cause of blindness amongst the elderly; understanding how this process happens will result in new medications to cure it.

ANNEX A – Notes to Editor

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About A*STAR's Genome Institute of Singapore (GIS)

The Genome Institute of Singapore (GIS) is an institute of the Agency for Science, Technology and Research (A*STAR). It has a global vision that seeks to use genomic sciences to achieve extraordinary improvements in human health and public prosperity. Established in 2000 as a centre for genomic discovery, the GIS will pursue the integration of technology, genetics and biology towards academic, economic and societal impact.

The key research areas at the GIS include Human Genetics, Infectious Diseases, Cancer Therapeutics and Stratified Oncology, Stem Cell and Regenerative Biology, Cancer Stem Cell Biology, Computational and Systems Biology, and Translational Research.

The genomics infrastructure at the GIS is utilised to train new scientific talent, to function as a bridge for academic and industrial research, and to explore scientific questions of high impact.

For more information about GIS, please visit www.gis.a-star.edu.sg

About the Agency for Science, Technology and Research (A*STAR)

The Agency for Science, Technology and Research (A*STAR) is Singapore's lead public sector agency that spearheads economic oriented research to advance scientific discovery and develop innovative technology. Through open innovation, we collaborate with our partners in both the public and private sectors to benefit society.

As a Science and Technology Organisation, A*STAR bridges the gap between academia and industry. Our research creates economic growth and jobs for Singapore, and enhances lives by contributing to societal benefits such as improving outcomes in healthcare, urban living, and sustainability.

We play a key role in nurturing and developing a diversity of talent and leaders in our Agency and Research Institutes, the wider research community and industry. A*STAR oversees 18 biomedical sciences and physical sciences and engineering research entities primarily located in Biopolis and Fusionopolis.

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About Singapore Eye Research Institute (SERI)

Established in 1997, the Singapore Eye Research Institute (SERI) is Singapore's national research institute for ophthalmic and vision research. It is the research arm of

Singapore National Eye Centre, and affiliated to the National University of Singapore (NUS) and the Duke-NUS Medical School.

In two decades, SERI has grown from a team of 5 to over 225 staff, and more than 219 distinguished adjunct faculty members to become the largest eye research institute in the Asia-Pacific region. Collectively, our clinician-scientists and researchers have published more than 2,770 peer-reviewed papers supported by over S\$227 million in competitive research grants. SERI has trained more than 180 current and past graduate students; and has been conferred over 407 national & international awards and 121 patents.

Today, SERI is recognized as a pioneering center for high quality eye research in Asia, with breakthrough discoveries that has translated to significant paradigm shift in eye care delivery.

ANNEX A: Notes to Editor

The research findings described in this media release can be found in the scientific journal *Nature Genetics*, under the title, “*Genetic association study of exfoliation syndrome identifies a protective rare variant at LOXL1 and five new susceptibility loci*” by Tin Aung^{1,2,3*}, Mineo Ozaki^{4,5*}, Mei Chin Lee^{1,6*}, Ursula Schlötzer-Schrehardt^{7*}, Gudmar Thorleifsson^{8*}, Takanori Mizoguchi^{9*}, Robert P. Igo Jr.^{10*}, Aravind Haripriya^{11*}, Susan E Williams^{*12}, Yury S. Astakhov^{13*}, Andrew C Orr^{14,15*}, Kathryn P. Burdon^{16,17*}, Satoko Nakano^{18*}, Kazuhiko Mori^{19*}, Khaled Abu-Amero^{20,21*}, Michael Hauser^{1,22,23*}, Zheng Li²⁴, Gopalakrishnan Prakadeeswari²⁵, Jessica N. Cooke Bailey¹⁰, Alina Popa Cherecheanu^{26,27}, Jae H Kang²⁸, Sarah Nelson²⁹, Ken Hayashi³⁰, Shin-ichi Manabe³⁰, Shigeyasu Kazama³¹, Tomasz Zarnowski³², Kenji Inoue³³, Murat Irkeç³⁴, Miguel Coca-Prados^{35,36,37}, Kazuhisa Sugiyama³⁸, Irma Järvelä³⁹, Patricio Schlottmann⁴⁰, S. Fabian Lerner⁴¹, Hasnaa Lamari⁴², Yildirim Nilgün⁴³, Mukharram Bikbov⁴⁴, Ki Ho Park⁴⁵, Soon Cheol Cha⁴⁶, Kenji Yamashiro^{47,48}, Juan C. Zenteno^{49,50}, Jost B. Jonas^{51,52}, Rajesh S Kumar⁵³, Shamira A Perera^{1,2}, Anita S.Y. Chan^{1,2,6}, Nino Kobakhidze⁵⁴, Ronnie George⁵⁵, Lingam Vijaya⁵⁵, Tan Do⁵⁶, Deepak P. Edward^{57,58}, Lourdes de Juan Marcos^{59,60}, Mohammad Pakravan⁶¹, Sasan Moghimi⁶², Ryuichi Ideta⁶³, Daniella Bach-Holm⁶⁴, Per Kappelgaard⁶⁴, Barbara Wirostko⁶⁵, Samuel Thomas⁶⁵, Daniel Gaston¹⁵, Karen Bedard¹⁵, Wenda L Greer¹⁵, Zhenglin Yang^{66,67}, Xueyi Chen⁶⁸, Lulin Huang^{69,70}, Jinghong Sang⁷¹, Hongyan Jia⁷¹, Liyun Jia^{52,71}, Chunyan Qiao⁷¹, Hui Zhang⁷¹, Xuyang Liu⁷², Bowen Zhao^{52,71}, Ya-Xing Wang⁵², Liang Xu⁷¹, Stéphanie Leruez⁷³, Pascal Reynier⁷⁴, George Chichua⁵⁴, Sergo Tabagari⁷⁵, Steffen Uebe⁷⁶, Matthias Zenkel⁷, Daniel Berner⁷, Georg Mossböck⁷⁷, Nicole Weisschuh⁷⁸, Ursula Hoja⁷, Ulrich-Christoph Welge-Luessen⁷, Christian Mardin⁷, Panayiota Founti⁷⁹, Anthi Chatzikyriakidou⁸⁰, Theofanis Pappas⁷⁹, Eleftherios Anastasopoulos⁷⁹, Alexandros Lambropoulos⁸⁰, Arkasubhra Ghosh⁸¹, Rohit Shetty⁸², Natalia Porporato⁸³, Vijayan Saravanan²⁵, Rengaraj Venkatesh⁸⁴, Chandrashekar Shivkumar⁸⁵, Narendran Kalpana⁸⁶, Sripriya Sarangapani⁸⁷, Mozghan R Kanavi⁸⁸, Afsaneh Naderi Beni⁶¹, Shahin Yazdani⁶¹, Alireza Iashay⁶², Homa Naderifar⁶², Nassim Khatibi⁶², Antonio Fea⁸⁹, Carlo Lavia⁸⁹, Laura Dallorto⁸⁹, Teresa Rolle⁸⁹, Paolo Frezzotti⁹⁰, Daniela Paoli⁹¹, Erika Salvi⁹², Paolo Manunta⁹³, Yosai Mori⁹⁴, Kazunori Miyata⁹⁴, Tomomi Higashide³⁸, Etsuo Chihara⁹⁵, Satoshi Ishiko⁹⁶, Akitoshi Yoshida⁹⁷, Masahide Yanagi⁹⁸, Yoshiaki Kiuchi⁹⁸, Tsutomu Ohashi⁹⁹, Toshiya Sakurai¹⁰⁰, Takako Sugimoto⁵, Hideki Chuman⁵, Makoto Aihara¹⁰¹, Masaru Inatani¹⁰², Masahiro Miyake^{47,103}, Norimoto Gotoh¹⁰⁴, Fumihiko Matsuda¹⁰⁴, Nagahisa Yoshimura^{47,105}, Yoko Ikeda¹⁹, Morio Ueno¹⁹, Chie Sotozono¹⁹, Jin Wook Jeoung⁴⁵, Min Sagong⁴⁶, Kyu Hyung Park¹⁰⁶, Jeeyun Ahn¹⁰⁷, Marisa Cruz-Aguilar⁴⁹, Sidi M Ezzouhairi⁴², Abderrahman Rafei¹⁰⁸, Yaan Fun Chong¹, Xiao Yu Ng¹, Shuang Ru Goh¹, Yueming Chen¹, Victor H.K. Yong¹, Muhammad Imran Khan¹⁰⁹, Olusola O Olawoye^{110,111}, Adeyinka O Ashaye^{110,111}, Idakwo Ugbede¹¹², Adeola Onakoya^{113,114}, Nkiru Kizor-Akaraiwe^{115,116}, Chaiwat Teekhasaene¹¹⁷, Yanin Suwan¹¹⁷, Wasu Supakontanasan¹¹⁷, Suhanya Okeke^{115,116}, Nkechi Uche^{116,118}, Ifeoma Asimadu¹¹⁵,

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